



**BOYS & GIRLS CLUBS  
OF JACKSON COUNTY**

## COVID-19 Exposure Notification Letter

Dear Parent/Guardian,

You are receiving this notification because:

Your child has been identified as a potential close contact with a person who tested positive for COVID-19 at the Andrew Johnson Unit. Close contact means being within 6 feet of someone with COVID-19 for a combined total of 15 minutes or more within a 24-hour period.

Your child may have had close contact with someone with COVID-19 on the following date(s): **December 8, 2020 – December 10, 2020. The Andrew Johnson Unit will be closed the week of December 14<sup>th</sup> – December 18<sup>th</sup> and will remain closed for the remainder of the year. A reopening date will be announced at a later time.**

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### What should I do now?

Public Health – Health providers recommend the following:

- Call your child’s healthcare provider or go to a free testing site located at the Jackson County Health Department in Pascagoula, MS ([https://msdh.ms.gov/msdhsite/\\_static/14.22406.420.874.html](https://msdh.ms.gov/msdhsite/_static/14.22406.420.874.html)) to have your child tested for COVID-19.
- **Keep your child home (“quarantine”) and away from other people.** The purpose of quarantine is to wait and see if a person who has been exposed to someone with COVID-19 will get infected. A negative test during this quarantine period only means that they did not have COVID-19 at the time of testing, but they may still develop symptoms or test positive for COVID-19 later within the 14-day period.  
**They should leave the home only if you are taking them to get medical care or for COVID-19 testing.**
- Watch for COVID-19 symptoms (see list below).
- Your child should not attend school, child care, or participate in other social or community activities during quarantine.
- At this time, your child’s siblings and other household members can still attend school, child care, or participate in other social or community activities.
  - However, if your child who was exposed develops COVID-19 symptoms or tests positive, then the entire household should quarantine for 14 days and seek testing.

### When should my child be tested for COVID-19?

It is best to wait 5 – 7 days to be tested UNLESS your child develops symptoms. If they develop symptoms, seek testing as soon as possible. Call your child’s healthcare provider to be tested or go to a free testing site.

- **If your child's test result shows that they have COVID-19, please notify our administrative office (228.762.3497) as soon as possible.**
- A negative test result only means that they did not have COVID-19 at the time of testing. They may still develop COVID-19 during the 14-day quarantine period.

### What are the common symptoms of COVID-19?

Most COVID-19 cases are mild with fever and cough. Adults and children with COVID-19 have reported the following symptoms or combinations of symptoms, which may appear 2-14 days after exposure to the virus:

- Fever of 100.4°F or 38°C or higher
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Fatigue
- Muscle pain or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Other signs of new illness that are unrelated to a preexisting condition (such as seasonal allergies)

This list does not include all possible symptoms. Please talk to your medical provider for any other symptoms that are severe or concerning to you.

Children with COVID-19 usually have milder symptoms. To learn more about COVID-19 symptoms, visit the Centers for Disease Control and Prevention website: ([www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms)).

### How can I protect myself and my family from COVID-19?

- Stay home as much as possible. Minimize contact with people who do not live with you. Work from home when possible.
- When outside your home, practice physical distancing by staying at least 6 feet (2 meters) away from others.
- Avoid group gatherings and poorly ventilated areas.
- Wear a cloth face covering that covers your nose and mouth when you are in a public place, including outdoors if you cannot stay at least 6 feet (2 meters) away from others.
- Wash hands often with soap and water for at least 20 seconds. If not available, use hand sanitizer (60% alcohol or greater). Do not use sanitizer on children under age two.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid contact with people who are sick. Stay home when you are sick and avoid close contact with others.
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.
- Clean frequently touched surfaces and objects (like doorknobs and light switches).

### When can my child return to their child care?

**They may return to the child care program the day after their 14-day quarantine ends**, if they are well. Your child should complete the full 14 days of quarantine even if they test negative during this 14-day period.

**If your child's test result shows that they have COVID-19**, they can return to child care when it has been either:

- At least 10 days from the start of symptoms (if symptomatic)
- **AND** 24 hours after fever has resolved (without fever-reducing medication)
- **AND** symptoms have improved
- **OR** 10 days after positive test was collected (if they never develop symptoms)

Thank you